



SALLISAW PUBLIC SCHOOLS

Eastside Elementary School

Breakfast and Lunch Menu August 2022



Alternate Cereal choice available daily for Breakfast

Breakfast and Lunch Served with variety milk choice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>Fresh Fruit and Vegetable Bar available daily.</p>		<p>Sallisaw Public Schools is proud to announce that Breakfast and Lunch will be served FREE to Liberty, Eastside and Sallisaw Middle School for the 2022-2023 school year.</p>			
8	9	10	11	12	
			Cereal and Grahams Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk	
			Hamburger Tator Tots Lettuce, Tomato and Pickle Fresh Fruit Cookie Milk	Pepperoni Pizza Baby Carrots w/ Ranch Fresh Fruit Ice Cream Milk	
			SAME	Pizza/Veggie	
15	16	17	18	19	
Sausage Biscuit Fruit Juice, Milk	Pancake on a Stick Fruit Juice, Milk	Breakfast Pizza Fruit Juice, Milk	Donut Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk	
Toasted Cheese Sandwich Tomato Soup Goldfish Fresh Fruit and Vegetable Bar Cookie Milk	Beef Taco Spanish Rice Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Salisbury Steak Mashed Potatoes Gravy Hot Roll Fresh Fruit and Vegetable Bar Milk	Hot Dog Pork n Beans Steamed Carrots Fresh Fruit and Vegetable Bar Milk	Sub Sandwich W6 Sun Chips Broccoli w/ Ranch Fresh Fruit and Vegetable Bar Peach Crisp Milk	
Corndog/Veggie	SAME	Nuggets/Potato/Roll	SAME	Pizza/Veggie	
22	23	24	25	26	
Ham and Cheese Muffin Fruit Juice, Milk	French Toast Sticks Fruit Juice, Milk	Yogurt and Grahams Fruit Juice, Milk	Honeybun Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk	
Grilled Chicken Sandwich French Fries Lettuce and Tomato Fresh Fruit and Vegetable Bar Cookie Milk	Burrito w/ Cheese Sauce Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Chicken and Waffles Strawberries Syrup Cup Fresh Fruit and Vegetable Bar Milk	Macaroni and Cheese Little Smokies Green Beans Pretzel Fresh Fruit and Vegetable Bar Milk	Cheesy Breadsticks Marinara Dipping Sauce Strawberry Spinach Salad Fresh Fruit and Vegetable Bar Jello Milk	
Corndog/Veggie	SAME	Nuggets/Potato/Roll	SAME	Pizza/Veggie	
29	30	31	1	2	
Sausage, Egg & Cheese Biscuit Fruit Juice, Milk	Waffles Fruit Juice, Milk	Breakfast Boat Fruit Juice, Milk	Funnel Cake Strawberries Juice, Milk	Biscuits and Gravy Fruit Juice, Milk	
Cheeseburger Vegetarian Beans Lettuce, Tomato & Pickle Fresh Fruit and Vegetable Bar Cooke Milk	Beef Nacho's Spanish Rice Salsa Fresh Fruit and Vegetable Bar Milk	Chicken Fried Steak Mashed Potatoes Gravy Hot Roll Fresh Fruit and Vegetable Bar Milk	Chicken Spaghetti Sweet Peas Garlic Bread Fresh Fruit and Vegetable Bar Milk	Meatball Sub Shredded Cheese Green Beans Fresh Fruit and Vegetable Bar SideKick Milk	
Corndog/Veggie	SAME	Nuggets/Potato/Roll	SAME	Pizza/Veggie	

Menu Subject to Change According to Product Availability

This institution is an equal opportunity provider.